**Bibliography**

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| **Books:** |
| **Allen, Nicholas B. and Lisa B Sheeber. *Adolescent emotional development and the***  ***emergence of depressive disorders.* Cambridge University Press, 2008 Print.**  This book explores the developmental changes occurring during the transition from childhood into early adolescence in order to understand how vulnerability to depression develops. The authors focus on emotional development, which serves to encapsulate the cognitive, sexual, interpersonal and familial changes that occur during this life stage. This is an essential read for practicing psychiatrists and psychologists who work with early adolescents, along with academics and researchers interested in affective science or developmental psychology and psychopathology. Other professionals working with children and adolescents, including teachers, social workers, counselors and family practice physicians will also find this a useful summary of the latest scientific developments that are shedding light on the vulnerabilities and opportunities particular to this critical stage of life. |
| **Crawford, Glenda B. *Brain-Based Teaching With Adolescent Learning in Mind.***  **Cornwin Press, 2007. Print.**   |  |  | | --- | --- | | |  | | --- | | Presents the newest research on the adolescent brain and offers a framework for linking brain-based teaching to students' social, emotional, and cognitive needs. | |  |  |  | | --- | --- | |  |  | |  |  | |
| **Articles:** |
| **“Intervention Strategies for Suicide.” TeacherVision. Pearson Education Inc., 2011. Web.**  **20 Aug. 2011.**  This article suggests strategies to use when students are confronted with a crisis such as suicide or terminal illness. Teachers need to be aware of issues involving suicide and what to look for in students who are contemplating suicide. Suggested training, such as Professional Development training in suicide prevention, suicide postvention (in other words a school related suicide) should take place. The more informed teachers are, the greater the possibility of saving a life. |
| **“Self-esteem: How to Help Children & Teens Develop a Positive Self-image.” Child**  **Development Institute. CDI, 2010. Web. 24 Aug. 2011.**  This article discusses the importance of children and teenagers having a positive self-esteem to ensure being successful in life. This article shares the basics for helping kids and teens improve their self-esteem. It also point you to other CDI pages and CDI products that can help parents to improve their child’s or teenager's self-esteem. |
| **Websites:** |
| **Teacher Vision :** <http://www.teachervision.fen.com/>  TeacherVision is one of the Internet's most popular sites for teachers, featuring tools and resources that save educators time and make learning fun for students in grades K-12. Resources include a vast online library of lesson plans, graphic organizers, printables, email newsletters, quizzes, and printable books to help teachers enhance student learning, meet local and national educational goals, and manage their teaching lives and classrooms with ease. In addition, this site has a professional development section for teachers. This section offers articles pertaining to disruptive behavior, social and emotional issues. |
| **Child Development Institute** : <http://www.childdevelopmentinfo.com>  Child Development Institute's primary goal is to provide information to parents based on current research that is both comprehensive and practical. The purpose is to enable parents to help each child to develop to his or her full potential. This site has a wealth of information pertaining to childhood development, psychological disorders, learning disabilities, parenting tips on raising teens, and more. |